

Pinellas County Schools

Join us for a special **Lunchtime** Virtual Parent Academy POWER HOUR

Trauma Informed Care for Families

Parenting through a Pandemic

Thursday, April 15, 11:30 am-12:30 pm

Please register to receive the meeting link https://zoom.us/meeting/register/tJUqcuuoqj8tE9RXx4PepNRSQTjvG4SQVA8

DESCRIPTION

What is trauma? What does it mean to be "trauma informed"? This session will share an overview of trauma and the behavioral and emotional impacts on child development. Participants will be provided with strategies for addressing trauma, including parenting in the age of a pandemic. Resources and a Q&A session will also be provided for those that wish to seek further information.

If you are unable to join us live, *the session will be recorded*. Look for this and past workshop recording links at <u>www.pcsb.org/parentacademy</u>. For questions, email Sheila Kane at kanes@pcsb.org